

CPD PENRHYNCOCH FC

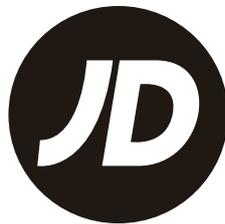
Cae Baker

Roosters

Official Matchday Programme

£2.00

2024.25



**CYMRU
NORTH**

CPD PENRHYNCOCH FC CLUB COMMITTEE

| | |
|----------------------------------|---|
| President: | John Melvyn Evans |
| Life and Vice Presidents: | Bill and Barbara Goulden, Roger Thomas, Debbie Jenkins, Richie Jenkins and Mair Jenkins, Kevin Jenkins, Neville Evans, Gerald Makaruk and Tony Jones |
| Club Trustees: | Martin Harries, Debbie Jenkins and Shan Thomas |
| Chair: | Martin Harries |
| Vice Chair: | Graham Thomas, Rachel Richards |
| Secretary: | Sarah Thomas |
| Treasurer: | Sarah Thomas |
| General Committee: | Carwyn Jenkins, Derfel Reynolds, Kyle Brodey, Roy Tourle, Gerald Makaruk, Dennis Thomas, Becky Jones, Graham Jones, Donna Robson, Rob Mills, Paul Robson |
| Head of Media: | Tom Spruce |
| First Team Manager: | Gari Lewis |
| Assistant Manager: | Aneurin Thomas |
| Coach: | Sion James, Iwan Roberts |
| Comet: | Sarah Thomas, Peter Tooze |



Message from the Chairman – Martin Harries

Firstly, a warm welcome to the players, officials and supporters of Holywell Town Football Club, for this JD Cymru North Fixture. As I am sure you will be aware they are the reigning League Champions, so I am sure this will be another tough fixture.

Also, a warm welcome to our match officials. I hope you all enjoy the game.

I travelled up to Colwyn Bay last Saturday. The same as Gari, I am not going to harp on about injuries, but I have never seen a level of injuries at this level in over 40 years of football. To add insult to injury we lost Buzzer and Harri within 30 minutes of the game starting. The boys battled hard, and we finished the game with 5 boys who had played for the reserves the week before. If Leigh isn't in the team of the week, I will be very surprised, he was outstanding.

The first draw in our new 100 Club draw will be after the Holywell game today. If you would like to sign up please speak to Sarah, Chris or myself. For the cost of £ 10 per month up to £ 500 of prizes will be available. Support such as this makes a huge difference to the club. Sponsorship opportunities are available for the season. Please speak to myself, Chris or Sarah if you would like to sponsor in any way.

We have a CWFA cup game tomorrow at Forden United. Great scheduling. Then we are home next Saturday against Talysarn Celts FC in the Welsh Cup. Thank you once again for your support.

Martin

Notice to Supporters

For the 2023/24 Season our admittance charges to CymruAlliance League Fixtures will be as follows:

Adult – £5.00

Under 16's - Free

Refreshments will be available at the kitchen near the changing rooms or in the Club House.

For all other fixtures, that includes Reserves matches, entry will be free although supporters are

welcome to make a donation at these games if they wish to do so.



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ADVERTISING

Please get in touch with our Treasurer, Sarah Thomas if you are interested in advertising or sponsoring CPD Penrhyncoch FC – email: sarahethomas26@outlook.com

CLOTHING

We also offer a wide range of Penrhyncoch FC clothing for sale – Please check out the link to order:

[Penrhyncoch FC – VX3 \(vx-3.com\)](http://vx-3.com)



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CPD Penrhynoch FC

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Match Ball Sponsorship

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Programme Advertising

Advertise your business ¼ page £50, ½ page £100, Full
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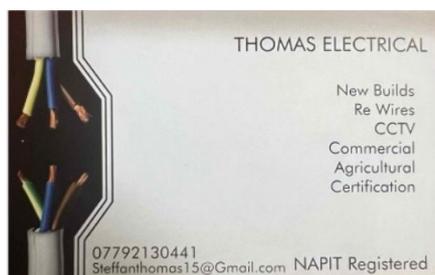


PLAYER SPONSORS

Penrhyncoch FC would like to thank all sponsors, we really couldn't do it without you!

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DOGS

Dogs are welcome here at Cae Baker, however, please ensure to clean up after your dog.

In the interest of hygiene, please do not allow dogs onto the pitch. Please also ensure dog mess is bagged and binned.

Thank you.



We are pleased to announce a new '100' club draw at the Club. The cost of the Club will be £10 per month for 12 months, payable by Standing Order or bank transfer available from the clubhouse.

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CPD Penrhynoch Football Club Anti - Discrimination Policy

CPD Penrhynoch Football Club is responsible for setting standards and values to apply throughout the club at every level. Football belongs to and should be enjoyed by everyone, equally. Our commitment is to confront and eliminate discrimination whether by reason of sex, sexual orientation, race, nationality, ethnic origin, colour, religion and disability.

Equality of opportunities at CPD Penrhynoch Football Club means that in all our activities we will not discriminate or in anyway treat anyone less favorably, on grounds of sex, sexual orientation, race, nationality, ethnic origin, colour, religion or disability.

This includes:

Advertisement for Volunteers.

The selection of candidates for volunteers.

Courses.

External coaching and education activities and awards.

Football development activities.

Selection for teams.

Appointments to honorary positions.

CPD Penrhynoch Football Club will not tolerate racist, sectarian, sexual or bigoted harassment or other discriminatory behaviour, whether physical or verbal, and will work to ensure that such behaviour is met with appropriate action in whatever context it occurs.

CPD Penrhynoch Football Club is committed to the development of the programme of ongoing training and awareness raising events and activities, in order to promote the eradication of discrimination within its own organisation, and within football as a whole.





Thank you to our kit
sponsors!!





Table

Organization: (1) FAW

Season: All

Competition: All

Round: All

| Pos. | Club | MP | W | D | L | GF | GA | GD | Pts |
|------|------------------------|----|---|---|---|----|----|-----|-----|
| 1. | Airbus UK Broughton FC | 7 | 7 | 0 | 0 | 25 | 4 | +21 | 21 |
| 2. | Holywell Town FC | 7 | 5 | 0 | 2 | 19 | 10 | +9 | 15 |
| 3. | Colwyn Bay FC | 7 | 4 | 2 | 1 | 11 | 7 | +4 | 14 |
| 4. | Mold Alexandra FC | 7 | 4 | 0 | 3 | 15 | 9 | +6 | 12 |
| 5. | Bangor 1876 FC | 7 | 4 | 0 | 3 | 15 | 10 | +5 | 12 |
| 6. | Guilsfield FC | 6 | 3 | 1 | 2 | 13 | 8 | +5 | 10 |
| 7. | Flint Mountain FC | 7 | 3 | 1 | 3 | 18 | 14 | +4 | 10 |
| 8. | Buckley Town FC | 6 | 3 | 1 | 2 | 10 | 6 | +4 | 10 |
| 9. | Ruthin Town FC | 7 | 3 | 0 | 4 | 20 | 18 | +2 | 9 |
| 10. | Caersws FC | 6 | 3 | 0 | 3 | 8 | 10 | -2 | 9 |
| 11. | Denbigh Town FC | 6 | 2 | 1 | 3 | 14 | 18 | -4 | 7 |
| 12. | Penrhyncoch FC | 6 | 2 | 1 | 3 | 9 | 15 | -6 | 7 |
| 13. | Prestatyn Town FC | 6 | 2 | 0 | 4 | 11 | 26 | -15 | 6 |
| 14. | Llandudno FC | 7 | 1 | 2 | 4 | 7 | 14 | -7 | 5 |
| 15. | Gresford Athletic FC | 7 | 1 | 1 | 5 | 6 | 19 | -13 | 4 |
| 16. | Llay Welfare FC | 7 | 0 | 2 | 5 | 9 | 22 | -13 | 2 |



**LOCK STOCK 2023 – 2024 PLAYER OF THE
YEAR!**

DANIEL OWEN



FIXTURES

| Date/time | Competition | Stadium | Match |
|------------------|--------------------------------------|---------------------------------|---|
| 16.08.2024 18:30 | MMP Central Wales League South 24/25 | Park Pantyfedwen | Bont FC - Penrhyncoch FC Reserves |
| 17.08.2024 14:30 | JD Cymru North 24/25 | Cae Baker | Penrhyncoch FC - Gresford Athletic FC |
| 21.08.2024 18:30 | MMP Central Wales League South 24/25 | Cae Baker | Penrhyncoch FC Reserves - Llanilar FC |
| 23.08.2024 19:45 | JD Cymru North 24/25 | Memorial Playing Fields | Ruthin Town FC - Penrhyncoch FC |
| 24.08.2024 14:30 | MMP Central Wales League South 24/25 | Cae Baker | Penrhyncoch FC Reserves - Penybont United FC |
| 26.08.2024 14:30 | JD Cymru North 24/25 | Cae Baker | Penrhyncoch FC - Denbigh Town FC |
| 27.08.2024 19:30 | MMP Central Wales League South 24/25 | Cae Baker | Penrhyncoch FC Reserves - Ffostrasol FC |
| 31.08.2024 14:30 | Welsh Blood Service League Cup 24/25 | Cae Baker | Penrhyncoch FC - Prestatyn Town FC |
| 31.08.2024 14:30 | MMP Central Wales League South 24/25 | Bryn-Y-Castell | Knighton Town FC - Penrhyncoch FC Reserves |
| 04.09.2024 19:30 | MMP Central Wales League South 24/25 | Y Weirglodd | Rhayader Town FC - Penrhyncoch FC Reserves |
| 07.09.2024 14:30 | JD Cymru North 24/25 | Four Crosses Construction Arena | Colwyn Bay FC - Penrhyncoch FC |
| 13.09.2024 19:30 | MMP Central Wales League South 24/25 | KVM Park | Llanidloes Town FC Reserves - Penrhyncoch FC Reserves |
| 14.09.2024 14:30 | JD Cymru North 24/25 | Cae Baker | Penrhyncoch FC - Holywell Town FC |
| 15.09.2024 14:30 | CWFA Senior Cup 24/25 | | Fornden United FC - Penrhyncoch FC |
| 21.09.2024 14:30 | CWFA Emrys Morgan Cup 24/25 | The Pit | Trefonen FC - Penrhyncoch FC Reserves |
| 28.09.2024 14:30 | JD Cymru North 24/25 | The Ring | Llay Welfare FC - Penrhyncoch FC |
| 28.09.2024 14:30 | MMP Central Wales League South 24/25 | Cae Baker | Penrhyncoch FC Reserves - Builth Wells FC Reserves |
| 05.10.2024 14:30 | JD Cymru North 24/25 | Cae Baker | Penrhyncoch FC - Bangor 1876 FC |
| 12.10.2024 14:30 | JD Cymru North 24/25 | Cae Baker | Penrhyncoch FC - Ruthin Town FC |
| 19.10.2024 14:30 | JD Cymru North 24/25 | The Rock | Gresford Athletic FC - Penrhyncoch FC |
| 02.11.2024 14:00 | JD Cymru North 24/25 | Alyn Park | Mold Alexandra FC - Penrhyncoch FC |
| 09.11.2024 14:00 | JD Cymru North 24/25 | Cae Baker | Penrhyncoch FC - Llandudno FC |
| 23.11.2024 14:00 | JD Cymru North 24/25 | Cae Baker | Penrhyncoch FC - Flint Mountain FC |
| 30.11.2024 14:00 | JD Cymru North 24/25 | Bartons North Wales Stadium | Holywell Town FC - Penrhyncoch FC |
| 07.12.2024 14:00 | JD Cymru North 24/25 | Cae Baker | Penrhyncoch FC - Buckley Town FC |
| 14.12.2024 14:00 | JD Cymru North 24/25 | Cae Baker | Penrhyncoch FC - Guilsfield FC |
| 28.12.2024 14:00 | JD Cymru North 24/25 | Community Centre Ground | Guilsfield FC - Penrhyncoch FC |
| 01.01.2025 14:00 | JD Cymru North 24/25 | Cae Baker | Penrhyncoch FC - Caersws FC |
| 11.01.2025 14:30 | JD Cymru North 24/25 | The Hollingsworth Group Stadium | Airbus UK Broughton FC - Penrhyncoch FC |
| 18.01.2025 14:00 | JD Cymru North 24/25 | Cae Baker | Penrhyncoch FC - Prestatyn Town FC |
| 25.01.2025 14:00 | JD Cymru North 24/25 | Central Park | Denbigh Town FC - Penrhyncoch FC |
| 08.02.2025 14:00 | JD Cymru North 24/25 | Bangor City Stadium | Bangor 1876 FC - Penrhyncoch FC |
| 22.02.2025 14:00 | JD Cymru North 24/25 | Cae Baker | Penrhyncoch FC - Llay Welfare FC |
| 01.03.2025 14:00 | JD Cymru North 24/25 | Caersws Recreation Ground | Caersws FC - Penrhyncoch FC |
| 08.03.2025 14:00 | JD Cymru North 24/25 | Cae Baker | Penrhyncoch FC - Airbus UK Broughton FC |
| 22.03.2025 14:00 | JD Cymru North 24/25 | Cae Baker | Penrhyncoch FC - Mold Alexandra FC |
| 29.03.2025 14:00 | JD Cymru North 24/25 | Essity Stadium | Flint Mountain FC - Penrhyncoch FC |
| 05.04.2025 14:30 | JD Cymru North 24/25 | Bastion Gardens | Prestatyn Town FC - Penrhyncoch FC |
| 12.04.2025 14:30 | JD Cymru North 24/25 | Cae Baker | Penrhyncoch FC - Colwyn Bay FC |



HISTORY OF PENRHYNCOCH FOOTBALL CLUB

Penrhyncoch Football Club was founded as recently as 1965 following a meeting in the Old Church School. Initially the Club played in the Aberystwyth & District League and between 1965 and 1982 the Championship was won 9 times.

The Club acquired a lease from Ceredigion County Council for Cae Baker in 1975 and the changing rooms were built in 1980. The Clubhouse was built by volunteers and was officially opened by the then Wales manager Mike England in July 1981. In 1982 the Club became founder members of the Central Wales League Division 2, where they won the Championship and were promoted to the First Division.

In 1990 the Cymru Alliance was formed with Penrhyncoch being one of the founder members as the new pyramid took place. It was a disappointing first season as the standard proved higher than expected. To meet the new criteria a new 60 seater stand was built and barriers erected around the pitch. It was during this period the Club established itself as one of the leading Clubs in the Cymru Alliance and finished a credible sixth in 1998.

Due to the increased costs of travel the Club withdrew from the Cymru Alliance and rejoined the Spar Mid Wales League, where the Club was quite successful, winning the Championship in 2001/02 & 2002/03. In the Spring of 2004, the Club decided to accept promotion back to the Cymru Alliance if they finished high enough in the League. A joint venture was formed with Aberystwyth Town F.C. as the Club could use their players to benefit both teams. In 2004/2005 Penrhyncoch F.C. took their place back in the Cymru Alliance and in the first season had mixed fortunes, finishing fourteenth in the league, but reached the Final of the League Cup losing an exciting game to Bala.

In the 1995/96 season, the Club managed by Kevin Lewis, reached the Final of the F.A.W Trophy, losing narrowly 2 – 1 to the reigning cup holders Rhydymwyn F.C. Unfortunately, Lee Jenkins ex Aston Villa was injured and his absence had a critical bearing on the result. The teams goal was scored by current manager Gari Lewis.

Since this time the Club has continued to punch well above its weight. Until 2023 the Club has only spent one season out of Tier 2, bouncing straight back up by winning the League in 20015/16. Currently top of the Lock Stock Adral League North Tier 3 the Club are hoping to gain promotion to Tier 2 at the first attempt.

The season 2023/2024 was very successful. Under the management team of Gari Lewis, Aneurin Thomas and Iwan Roberts, the team won the Tier 3 North East Ardal league and will return to Tier 2 football. The club also lost 5 – 4 to Newport City FC in the final of the FAW Trophy at Newtown.

- **Cymru Alliance**
 - League Cup winners: 1998
- **Central Wales Challenge Cup**
 - Winners: 2003, 2012
- **Mid Wales League**
 - Champions; 2001–02, 2002–03, 2015–16
 - League Cup winners: 2000, 2001, 2015–16
 - Summer Cup winners: 2002, 2003

- **North Cards Cup**
 - Winners: 1974, 1977, 1978, 1980, 2000, 2001
- **South Cards Cup**
 - Winners: 1971, 1974, 1975, 1976, 1977, 1980, 1982

- **Aberystwyth and District League**
 - Champions: 1971–72, 1974–75, 1975–76, 1976–77, 1977–78, 1997–98, 1998–99, 2005–06, 2011–12
 - Division Two Champions: 1985–86, 2003–04, 2004–05
 - League Cup Winners: 1970, 1974, 1998, 1999, 2002, 2004, 2005
- **Cards League**
 - Ceredigion Cup Winners: 1979
- **Len & Julia Newman Cup**
 - Winners: 1997, 1998, 2001
 - Youth League Winners (U17) : 2007–08
- **Tier 3 Ardal North East League**
 - Winners: 2024
- **FAW Trophy**
 - Runners up: 1996, 2024

PEN PICS

Leigh Jenkins – Penrhyn's number 1. Son of the late Penrhyn legend Bones. Back after a brief spell from Aberystwyth Town 2 seasons ago. One of the best shot stoppers in the league. Included in the team of the season last season as well.

Elian Evans – Like a fine wine. Gets better with age. Mr dependable and can play in number of positions. One of Gari's first signings and been a great clubman for Penrhyncoch.

Tom Evans – Club captain. Comfortable at either right back, centre back or in midfield. Mr Duracell with abundance of energy. Does not stop running. In his 6th season with the club and one of the first names on the team sheet.

Owain James – Penrhyn's longest serving player and ex club captain. Been at the club for years and one of the most popular guy in the team. Likes a sending off or two as well.

Harri Horwood – Penrhyn born and bred and left back. The local teacher has a great left foot, also a set piece specialist. Signed from Aberystwyth Town 2 years ago to rejoin his boyhood club.

Rhys Jenkins – Signed from Aberystwyth under 19's last season and never looked back. Younger brother of Haverfordwest County's Lee Jenkins. Throw in specialist.

Isaac Pridmore – Another who signed from Aberystwyth under 19's last January and settled in quick. Tall young defender chipped in with important goals as well. Injured at the moment.

Owain Evans – Ex Swansea City youth and Pontardawe Town midfielder signed in the summer. The centre midfielder will be hoping to create an impression in midfield this season.

Niall Coleridge – Tenacious midfielder who doesn't shy from any tackles. Local guy and proud clubman who always gives 100% to the club. Currently out injured.

Christy Gale – Signed from Lampeter Town last season and settled in nicely with the team. Ex Aberystwyth Town who likes the ball to feet will be relishing tier 2 football this season.

Cai Williams – Local youngster who was injured most of last season will be hoping to get minutes this season at tier 2 level. The highly rated youngster is comfortable at either centre back or in midfield.

Daniel Owen – Tregaron Messi! Rips defenders to shreds on his day. The Ardal North East Wales player of the season will be hoping to create an impact in the Cymru North this season. One to watch.

Dion Phillips – Ex Cardiff Met and Carmarthen Town who signed from Ffostrasol last season and scored many important goals in last season's winning campaign. Scorer of the winning goal against Llanuwchllyn that won Penrhyn the league last season.

Geoff Kellaway – Welsh Premier League legend who is in his 3rd season with Penrhyncoch. The most experienced player in the squad and still as agile as ever at 38.

Cameron Allen – Highly rated youngster who joined from Carmarthen Town in January and started on fire. Son of Pontypridd manager Gavin will be relishing the season ahead.

Ifan Burrell – Joined from local rivals Bow Street in the summer and in his second stint with the club. Winger or forward with pace to burn and gives defenders nightmares.

Dafydd Carruthers – Another who joined from Bow Street in the summer. Winger or striker also in his 2nd stint at the club. Currently injured with a hip injury.

Rhydian Davies – Centre half who followed Ifan and Dafydd from Bow Street in the summer. Penalty specialist was included in the team of the season and will be hoping to be back from injury as soon as possible.

Sion James – Utility player. Mr dependable, always available when called upon and never lets the club down.

Aneurin Thomas (Assistant Manager) – Welsh Premier Legend and calves of steel. Was manager before Gari Lewis and a vital part of the management squad.

Iwan Roberts (Coach) – Cricket fanatic Iwan who joined the club last season. Popular member of the group and has the boys' respect.

Gari Lewis (Manager) – Back in his second spell as manager after a spell as assistant manager at Aberystwyth Town. Will be hoping the boys play like they did last season and take tier 2 football by storm.

PENRHYNCOCH PLAYERS AND STAFF

LEIGH JENKINS (GK)

TOMOS EVANS (CAPT)

OWAIN JAMES

NIALL COLERIDGE

GEOFF KELLAWAY

CLEDAN DAVIES

TAYLOR WATTS

COURTNEY PERKINS

HARRI HORWOOD

ISAAC PRIDMORE

CHRISTY GALE

DION PHILLIPS

DANIEL OWEN

CAMERON ALLEN

RHYS JENKINS

IFAN BURRELL

DAFYDD CARRUTHERS

CAI WILLIAMS

ZAC DAVIES

OWAIN EVANS

JOSEF MAKARUK

LIAM JAQUES

ELIAN EVANS

KIERAN BROOKER

CAI THOMAS

COACHES

MANAGER – GARI LEWIS

ASSISTANT MANAGER – ANEURIN THOMAS

COACHES - SION JAMES IWAN ROBERTS MARK EVANS

COMET – SARAH THOMAS